

20TH ANNUAL AVERY TRACE CYCLING CLASSIC JUNE 20, 2009

ROAD RACE

CATEGORY	MILES	PLACES	PRIZES	ENTRY FEES	START TIMES
CAT V 35+/CAT V <35 & JR	36.7	5/5/5	MEDALS/\$100(JR)	\$25/\$25/\$18	8:40/8:45 AM CDT
WOMEN - MAS 50+/60+	36.7	8/4/1	\$400*/\$175**	\$25	8:52 AM CDT
PRO, CAT I-II	53.7	20	\$1500***	\$30	9:08 AM CDT
MAS 30+/40+ (CAT I-IV)	53.7	10/10	\$400/\$300	\$25	9:18 AM CDT
CAT III	53.7	12	\$400	\$25	9:32 AM CDT
CAT IV	53.7	10	\$300	\$25	9:46 AM CDT

*Includes \$20 bonus for 1st Women CAT IV. **Includes \$20 bonus for 1st 60+. *** Includes \$40 bonus for the first CAT II riders.

TBRA DIVISION I POINTS RACE

Registration for the Road Race and Time Trial will be held at the Wartrace Creek Park from 7:00 AM to 8:00 AM.

Registration also available at BikeReg.com.

Road Race Course: Varied terrain including several climbs. Generally good pavement. The starting line is located at the Wartrace Creek Park in the Highland Community. The 53.7 mile route (yellow markings) travels in a counterclockwise direction on HWY 85, HWY 56, HWY 135, Milestown - Union Hill Rd, Bakerton Rd, HWY 151, HWY 56, HWY 262, and HWY 85. The 36.7 mile route (white markings) includes HWY 85, HWY 56, HWY 262, and HWY 85. Shady conditions on some of the course - dark sunglasses not recommended.

FEED ZONE FOR 53.7 MILE COURSE AT 32.3 MILES. USA Cycling Rule 3B1 (the "centerline rule") will be strictly enforced!

Directions to Road Race: The Road Race staging area is at the Wartrace Creek Park picnic shelter located east of Gainesboro, TN on HWY 85. Exit I-40 at the Gainesboro/Baxter exit (exit #280) and travel north 16.6 miles on HWY 56N. Then make a left onto HWY 53S. Travel 0.8 mile and turn right onto HWY 262W. Travel HWY 262W and HWY 85W approximately 7.3 miles to the Wartrace Creek Park. The road will change names from HWY 262W to HWY 85W. Allow 35 minutes traveling time after exiting I-40.

TIME TRIAL

CATEGORY	MILES	PLACES	PRIZES	ENTRY FEES	START TIMES
CAT V 35+/CAT V <35/JR	9.1	5/5/3	MED/MED/\$100	\$20/\$20/\$18	30 SECOND INTERVALS
WOMEN - MAS 50+/60+	9.1	6/3	\$300*/\$215**	\$20/\$20	BEGINNING AT 4:00 PM CDT
PRO, CAT I-II	9.1	10	\$850***	\$20	
MAS 30+/40+ (CAT I-IV)	9.1	6/5	\$250/\$200	\$20	
CAT III	9.1	6	\$300	\$20	
CAT IV	9.1	5	\$200	\$20	

*Includes \$15 bonus for 1st Women CAT IV. ** Includes \$15 bonus for 1st 60+. *** Includes \$25 bonus for the first CAT II riders.

TBRA DIVISION II POINTS RACE

Registration for the Time Trial: Participants must preregister or register during RR registration for the Time Trial.

Registration is also available at BikeReg.com.

Time Trial Course: 9.1 mile one-way route. Mostly flat with two moderate hills. 40+ mph descent. The starting line is located at the 21 mile marker on HWY 53N.

Numbers must be picked up at road race registration by 8:00 AM or at 3:30 PM at the church. Please wear both for TT.

Directions to Time Trial: The Sugar Creek Church of Christ is located 6.5 miles north of Gainesboro, TN.

From the RR course: Travel to Gainesboro and make a left onto HWY 53N. Travel 6.5 miles northward toward Celina traveling HWY 53N. Park at the Sugar Creek Church of Christ. From Nashville or Knoxville: Exit I-40 at the Gainesboro/Baxter exit (exit #280) and travel north 23.1 miles traveling on HWY 56N then HWY 53N toward Celina, TN, to the Sugar Creek Church of Christ. Allow 35 minutes traveling time after exiting I-40.

The Gainesboro-Jackson County
Chamber of Commerce



20TH ANNUAL AVERY TRACE CYCLING CLASSIC JUNE 20, 2009

Promoted by Avery Trace Sports & VeloVixens Cycling Club

Held under USA Cycling Event Permit

Promoter reserves the right to alter courses, starting times, distances and combine fields.

Only USA Cycling approved road bars are permitted for the road race and criterium.

USA Cycling approved helmets must be worn for all events. All USA Cycling rules apply.

All events are scheduled according to the Central Daylight Time (CDT) zone. Races will be conducted rain or shine. No rain dates.

Registration and Fees: All riders, except for Juniors, have been assessed a \$1.00 TBRA surcharge. A \$3 USA Cycling insurance fee for each event is also included in the entry fee. **Pre-registration entries must be postmarked or completed online by Friday, June 12, 2009.** A \$5.00 per day of racing late fee will be assessed for all riders for each day of racing. No refunds will be issued after Friday, June 12, 2009.

RR/TT/CRIT Registration Form, Course & Profile Maps go to:

www.averytracesports.com

VeloVixens web site: www.velovixens.net

Mail Entry/Release Form by Friday, June 12 to:

Charles Parris

PO Box 3796

Cookeville, TN 38502-3796

Make checks payable to: Avery Trace Sports.

Due to heavy tourism, reservations should be made early!

Hotel accommodations: Baymont Inn & Suites: (931)525-6668 Avery Trace Sports rate: \$65

Camping available at: www.reserveusa.com

Tourism information call: Gainesboro/Jackson County Chamber of Commerce (931)268-0971

The **Cookeville Criterium** will be held Sunday, June 21. Web site: www.ucwheelmen.org

Please demonstrate appreciation to Sponsors and Supporters by your patronage.

Supporters:



Coca-Cola Bottling Company of Cookeville

Giovanni's Pizza & Italian Restaurant, Gainesboro

Honest Abe Log Homes, Moss

Pepsi Bottling Group of Cookeville

Tri-County Electric Membership Cooperative, Lafayette



2009 USA Cycling Event Release Form

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM ASSUMING RISKS, AND AGREEING TO INDEMNIFY, NOT TO SUE AND RELEASE FROM LIABILITY THE ORGANIZER OF THIS EVENT AND USA CYCLING, INC. (USAC), ITS ASSOCIATIONS (THE UNITED STATES CYCLING FEDERATION (USCF), NATIONAL OFF ROAD BICYCLE ASSOCIATION (NORBA), NATIONAL COLLEGIATE CYCLING ASSOCIATION (NCCA), U.S. PROFESSIONAL RACING ASSOCIATION (USPRO), AND BMX ASSOCIATION (BMXA), AND USA CYCLING DEVELOPMENT FOUNDATION (USACDF), AND THEIR RESPECTIVE AGENTS, EMPLOYEES, VOLUNTEERS, MEMBERS, CLUBS, SPONSORS, PROMOTERS AND AFFILIATES (COLLECTIVELY "RELEASEES"), AND THAT I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS. THIS ENTRY BLANK AND RELEASE IS A CONTRACT WITH LEGAL AND BINDING CONSEQUENCES AND IT APPLIES TO ALL RACES AND ACTIVITIES ENTERED AT THE EVENT, REGARDLESS WHETHER OR NOT LISTED ABOVE. I HAVE READ IT CAREFULLY BEFORE SIGNING, AND I UNDERSTAND WHAT IT MEANS AND WHAT I AM AGREEING TO BY SIGNING.

In consideration of the issuance of a license to me by one or more Releasees or the acceptance of my application for entry in the above event, I hereby freely agree to and make the following contractual representations and agreements. **I ACKNOWLEDGE THAT CYCLING IS AN INHERENTLY DANGEROUS SPORT AND FULLY REALIZE THE DANGERS OF PARTICIPATING IN THIS EVENT,** whether as a rider, official, coach, mechanic, volunteer, or otherwise, and **FULLY ASSUME THE RISKS ASSOCIATED WITH SUCH PARTICIPATION INCLUDING,** by way of example, and not limitation: dangers associated with manmade and natural jumps; the dangers of collision with pedestrians, vehicles, other riders, and fixed or moving objects; the dangers arising from surface hazards, including pot holes, equipment failure, inadequate safety equipment, use of equipment or materials provided by the event organizer and others, **THE RELEASEES' OWN NEGLIGENCE,** the negligence of others and weather conditions; and the possibility of serious physical and/or mental trauma or injury, or death associated with the event. For myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest (collectively "Successors") **I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS, AND PROMISE TO INDEMNIFY AND NOT TO SUE** the Releasees and all sponsors, organizers and promoting organizations, property owners, law enforcement agencies, public entities, special districts and properties that are in any manner connected with this event, and their respective agents, officials, and employees through or by which the event will be held, (the foregoing are also collectively deemed to be Releasees), **FROM ANY AND ALL RIGHTS AND CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASEES' OWN NEGLIGENCE,** which I have or which may hereafter accrue to me and from any and all damages which may be sustained by me directly or indirectly in connection with, or arising out of, my participation in or association with the event, or travel to or return from the event. I agree it is my sole responsibility to be familiar with the event course and agenda, the Releasees' rules, and any special regulations for the event and agree to comply with all such rules and regulations. I understand and agree that situations may arise during the event which may be beyond the control of the Releasees, and I must continually ride and otherwise participate so as to neither endanger myself nor others. I accept responsibility for the condition and adequacy of my equipment, any equipment provided for my use, and my conduct in connection with this event. I will wear a helmet which satisfies the requirements of the Releasees' Racing Rules or Regulations and that can protect against serious head injury, and assume all responsibility and liability for the selection of such a helmet. I have no physical or medical condition which would endanger myself or others if I participate in this event, or would interfere with my ability to safely participate in this event.

I understand that drug testing may be conducted for athletes registered for this event and that the use of blood boosting or substances prohibited by Releasees' rules would make me subject to penalties including, but not limited to, disqualification and suspension. I agree to be subject to drug testing if selected, and its penalties if I fail to comply with the testing or am found positive for the use of a banned substance. I agree, for myself and my Successors, that the above representations are contractually binding, and are not mere recitals, and that should I or my Successors assert a claim contrary to what I have agreed to in this contract, the claiming party shall be liable for the expenses (including legal fees) incurred by the Releasees in defending the claims. This contract may not be modified orally, and a waiver or modification of any provision shall not be construed as a waiver or modification of any other provision herein or as a consent to any subsequent waiver or modification. I consent to the release by any third party to Releasees and their insurance carriers of my name and medical information that may relate solely to any injury or death I may suffer arising from the event. Every term and provision of this contract is intended to be severable. If any one or more of them is found to be unenforceable or invalid, that shall not affect the other terms and provisions, which shall remain binding and enforceable.

Signature of Entrant

AGE

COMPLETE OTHER SIDE ONLY AFTER READING AND UNDERSTANDING THIS SIDE!

PLEASE READ REVERSE SIDE BEFORE COMPLETING THIS PORTION!

TODAY'S DATE _____ EVENT NAME Avery Trace Cycling Classic - Cookeville Criterium

RACE DATE June 20-21, 2009

CLASS AND CATEGORY (listed on license) _____

CATEGORY OF RACE YOU ARE ENTERING (Example: Masters 30+) _____

ANNUAL LICENSE # _____ Racing Age (as of December 31, 2009) _____

USAC Club/Team Name _____

Name (print) _____

Street _____

City, State, and Zip _____

Phone: home () _____ work () _____

Email address _____

(not for public release)

Emergency Contact _____ Emergency Contact Phone () _____

CONSENT AND RELEASE OF PARENT OR GUARDIAN

I am the parent or guardian of _____(Child). My Child is fit for the event, and I consent to my Child's participation. **I HAVE READ AND I UNDERSTAND THE ABOVE CONTRACT.** In consideration of allowing my Child to participate, I consent to the contract and agree that **ITS TERMS SHALL LIKEWISE BIND ME, MY CHILD,** my heirs, legal representatives, and assignees. **I HEREBY RELEASE AND SHALL DEFEND, INDEMNIFY AND HOLD HARMLESS THE RELEASEES FROM EVERY CLAIM AND ANY LIABILITY** that I or my Child may allege against the Releasees (including reasonable legal fees and costs) as a direct or indirect result of injury or death to me or my Child because of my Child's participation in the event, **WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES** or others. **I PROMISE NOT TO SUE RELEASEES** on my behalf or on behalf of my Child regarding any claim arising from my Child's participation in the event.

Signature of Parent or Guardian

PLACE A CHECK BY THE RACES FOR WHICH YOU ARE REGISTERING.

ALL THREE ROAD RACE TIME TRIAL CRITERIUM

Entry Fee of \$ _____ is enclosed. Make checks payable to: Avery Trace Sports

MAIL ENTRY AND RELEASE FORM BY FRIDAY JUNE 12, 2009 TO:

**Charles L. Parris
PO Box 3796
Cookeville, TN 38502-3796**

This form can be presented at registration for riders who registered online or on race day.